

Health Studies

This 39 credit Health Studies concentration is designed for those who are already health care professionals. To seek the health studies concentration, a student must have completed an accredited program in a health area resulting in a certificate, associate degree, or licensure. The health area program must contain a minimum of 12 credits in the sciences, including labs as appropriate: general biology or human biology, general chemistry or organic chemistry, anatomy and physiology, or general physics.

The focus of the Health Studies concentration is to prepare health care practitioners to function in a dynamic health care environment and to expand on current knowledge and skills. It is designed to provide students with the ability to organize information for communicating clearly with consumers, the community, and members of the health care team. The concentration defines health broadly and holistically. It requires a strong base of health knowledge and a solid understanding of the factors that influence health behaviors.

Concentration Requirements:

Anatomy and Physiology* 6-8 cr

Microbiology 3-4 cr

Health Care Professions: 12 cr

These credits must be in a single healthcare specialty such as

R.N., Radiological Technologist, etc.

Health Promotion and Disease Prevention: 3 cr

- Wellness
- Communicable Disease

Public Health Policy: 3 cr

- Health Care Delivery Systems (HCA 101)
- Public Health
- HCA 311: Health Care Economics
- Public Health Policy
- Regulatory & Accrediting Requirements for Health Care Organizations (HCA 401)

PSY 236: Lifespan Developmental Psychology* 3 cr

One of the following: 3 cr

- HCA 350: Transcultural Competency in Health Care Administration
- PSY 334: Psychology of Personality
- PSY 336: Abnormal Psychology
- PSY 454: Psychology of Addiction
- SOC 315: Sociology of Diversity
- Counseling
- Drug and Alcohol Abuse
- Medical Sociology

PSY 410: Research Methods for Behavioral Science 3 cr

HLT 499: Capstone 3 cr

* Will not satisfy part of the upper division requirements in the concentration.

Prerequisite:

- PSY 101: Psychology

Student Learning Outcomes

Students who graduate with a concentration in Health Studies will be able to:

1. explain core biological and psychological concepts that impact human health;
2. explain human development and its relationship to health and health behaviors across the lifespan;
3. utilize a comprehensive and holistic approach in assessing health needs of individuals and populations;

4. collect, interpret, and evaluate health information in order to contribute to consumer knowledge and health care delivery systems;
5. integrate and apply appropriate health promotion and disease prevention strategies in a variety of community/health care settings;
6. analyze influences of public health policy and global health concepts on individuals and health care delivery systems;
7. interpret different care delivery systems and interdisciplinary roles in the health and wellness; and
8. employ effective communication and problem-solving skills to improve the health of humans across the lifespan and in a variety of settings.